

Inspire Adult Learning

Culture | Learning | Libraries

Course Guide Summer 2025

Your complete guide to our adult learning courses across Nottinghamshire and online for **April – August**

Learn Local, Go Far



SCAN HERE TO
BOOK AND ENROL



Ofsted
Good rating

Recognised
qualifications

Learn online, in
your community, or
at your local library

Inspiring
courses for work,
life and leisure

Get help into
training and
employment

FREE
and low cost
courses

OVER 1,000 COURSES!

Summer 2025 >> **Book** | **Enrol** | **Course Information** | **Course Updates**

BOOK NOW! Go online inspireculture.org.uk/learning or call **01623 677 200**

@InspireLearningSkills

#BeInspired #InspireLearning

Hello!

Welcome to your Inspire Adult Learning Course Guide: your complete guide to all our adult courses for summer, across Nottinghamshire and online!

- Affordable courses on your doorstep
- Learn local, go far
- Free* and low cost courses
- Recognised qualifications
- Online Courses
- Distance Learning

Whether you want to progress your career with a recognised qualification or just looking to have fun and ignite your passion for a new hobby, our courses are for everyone. Many are short enough to easily undertake around your other commitments, but still offer a fun, friendly, high-quality learning experience.

In this guide, you'll find an amazing range of courses for both adults and families, taking place in Inspire libraries and community venues across Nottinghamshire. If you can't make those, don't worry – we also offer online and distance learning courses, designed for you to learn from the comfort of your own home.

Some courses are accredited – this means they provide you with a recognised qualification in a particular subject, such as maths or IT. Courses approved by a professional awarding body can make you more desirable to employers, whether that's being offered a better salary, the chance of promotion, or just getting your foot in the door. If English isn't your first language our ESOL courses are for you – work towards nationally recognised qualifications and boost your skills and prospects.

Find out more

Visit inspireculture.org.uk/accredited for more information on accredited courses, and a guide to course fees.

Accredited courses can be identified by a '★' in this guide. All our courses are taught by friendly, experienced tutors and we're an Ofsted registered Grade 2 'Good' provider!



FREE* and low costs courses

**subject to eligibility criteria*

Contents

04 Arts & Crafts	12 Testimonials
07 Cooking	14 IT & Digital Skills
07 Creative Writing & Literature	15 Languages
08 Employability & Work Skills	15 Maths
08 English & ESOL (English for Speakers of Other Languages)	16 Music
09 Family Learning	16 Science, Social Science & Humanities
10 Health & Wellbeing	18 Accredited Courses
	19 Our Subcontractors

We've made every effort to ensure that course information is correct at the time of print, but we advise you check details when booking. We reserve the right to cancel a course if there are insufficient enrolments. For up to date course information please visit our website inspireculture.org.uk/learning

Costs and fees

Our non-accredited courses are free for those in receipt of certain benefits (you'll need to show evidence when you enrol) or will be charged at just £3.50 per hour. The full price for the course can be found on our website, on the individual course webpage.

Many of our accredited courses (that lead to a qualification) are FREE* or low cost to you depending on your circumstances.

Payment should be made in full at the time of booking online or over the phone, unless you qualify for a free place.

You may need additional materials for some courses; details will be given at the time of booking or at the first session.

**subject to eligibility criteria*

How to use this course guide

Check out our adult learning courses to find the right learning programme or course for you in our easy-to-use listings.

Courses are listed by subject area and per term. When viewing the listings, you'll see the title of the course, dates, venue or if it's online. More information about the individual course will be listed on the booking page online, so you can read up on all the details before you enrol.

Look out for the green star '★' to find our accredited courses if you're looking to gain a qualification, such as in English, maths or IT skills.

We'll be adding more courses throughout the year and from time to time we may need to make some changes. **Visit our website or your local Nottinghamshire library for new courses and updates!**

Visit our website: inspireculture.org.uk/learning

Book and enrol on our courses

Book your place online, 24 hours a day, 7 days a week at inspireculture.org.uk/learning. Bookings can also be made by calling **Ask Inspire** on **01623 677200**, Monday to Friday 9am – 6pm and Saturday 9am – 4pm.

We look forward to welcoming you!

For more information visit inspireculture.org.uk/learning, call us **01623 677 200** or email ask@inspireculture.org.uk

ACHIEVE MORE!

Use your library to support your learning with bookable computers, free use of WiFi, quiet study spaces, printing and photocopying.



ADDITIONAL LEARNING SUPPORT

If you need additional help and support in order to successfully complete your course, let us know when you enrol. We'll take appropriate steps to make sure that this extra provision is in place.

DID YOU KNOW?

We also offer courses for young people aged 16-24**. Our back page has more information or pick up our latest **Inspire Learning College Prospectus** in your local library. Visit inspireculture.org.uk/college

***up to 24 with an EHCP*



VISIT OUR WEBSITE OR YOUR LOCAL NOTTINGHAMSHIRE LIBRARY FOR NEW COURSES AND UPDATES!



SCAN THE CODE TO BOOK ONLINE

Arts & Crafts

Express yourself through art or photography, or develop new craft skills in sewing, crochet, painting, calligraphy and more!

Course Title	Start Date	End Date	From	To	Day	Cost*
ARNOLD LIBRARY						
Machine Sewing for Beginners - Bags	22/04/2025	20/05/2025	10:00	12:30	Tues	FREE/£43.75
Machine Sewing for Beginners - Cushions	22/04/2025	20/05/2025	13:15	15:45	Tues	FREE/£43.75
Crochet - Summer Designs	23/04/2025	21/05/2025	10:00	12:00	Weds	FREE/£35
Art Mixed Media	02/06/2025	07/07/2025	18:00	20:00	Mon	FREE/£42
Indian Block Printing	04/06/2025	11/06/2025	09:30	12:30	Weds	FREE/£21
Beadweaving Jewellery for Beginners	06/06/2025	20/06/2025	13:00	15:00	Fri	FREE/£21
Calligraphy for Beginners	09/06/2025	14/07/2025	10:00	12:00	Mon	FREE/£35
Creating Clay Animation for Beginners	24/06/2025	01/07/2025	10:00	12:00	Tues	FREE/£14
Beadweaving Jewellery Next Steps	27/06/2025	11/07/2025	13:00	15:00	Fri	FREE/£21
Gel Plate Printing	02/07/2025	16/07/2025	10:00	12:00	Weds	FREE/£21
BEESTON LIBRARY						
Art Mixed Media Next Steps	23/04/2025	21/05/2025	10:00	12:30	Weds	FREE/£43.75
Paper Stencil Screen Printing	23/04/2025	21/05/2025	13:15	15:45	Weds	FREE/£43.75
Ceramics for Beginners	25/04/2025	23/05/2025	09:30	11:30	Fri	FREE/£35
Drawing and Painting using Frottage	25/04/2025	23/05/2025	12:30	14:30	Fri	FREE/£35
Gel Plate Printing	26/04/2025	10/05/2025	10:00	12:00	Sat	FREE/£21
Indian Block Printing	26/04/2025	10/05/2025	13:00	15:00	Sat	FREE/£21
Creative Printing	17/05/2025	17/05/2025	10:00	15:30	Sat	FREE/£19.25
Art - Personal Projects (Landscapes, Cityscapes, Still Life)	04/06/2025	09/07/2025	10:00	12:30	Weds	FREE/£52.50
Print and Stitch for Beginners	04/06/2025	09/07/2025	13:15	15:45	Weds	FREE/£52.50
Ceramics Next Steps	06/06/2025	11/07/2025	09:30	11:30	Fri	FREE/£42
Drawing and Sketching for Beginners	06/06/2025	11/07/2025	12:30	14:30	Fri	FREE/£42
BINGHAM LIBRARY						
Bobbin Lace for Beginners	30/06/2025	14/07/2025	09:30	11:30	Mon	FREE/£21
BURTON JOYCE LIBRARY						
Mixed Media - Collage Landscapes	12/05/2025	09/06/2025	13:15	15:15	Mon	FREE/£35
Bobbin Lace for Beginners	07/07/2025	21/07/2025	13:30	15:30	Mon	FREE/£21
CARLTON FIRE STATION						
Sculpture for Beginners	24/04/2025	22/05/2025	09:30	11:30	Thurs	FREE/£35
Drawing and Painting using Frottage	24/04/2025	22/05/2025	12:30	14:30	Thurs	FREE/£35
EDWINSTOWE LIBRARY						
Nature Journaling	22/04/2025	20/05/2025	10:00	12:00	Tues	FREE/£35
Crochet for Beginners	06/06/2025	11/07/2025	10:00	12:00	Fri	FREE/£42
Crochet - Granny Squares	06/06/2025	11/07/2025	12:30	14:30	Fri	FREE/£35
HIGH PAVEMENT HOUSE, SUTTON-IN-ASHFIELD NEW						
Painting à la Matisse	25/04/2025	23/05/2025	09:30	12:30	Fri	FREE/£52.50
Garden Painting - Beginners	25/04/2025	23/05/2025	13:00	16:00	Fri	FREE/£52.50
Macrame for Beginners	02/05/2025	16/05/2025	10:00	12:00	Fri	FREE/£21
Bobbin Lace for Beginners	02/05/2025	16/05/2025	13:00	15:00	Fri	FREE/£21
Decoupage for Beginners	05/06/2025	10/07/2025	09:30	12:30	Thurs	FREE/£63
Clay Modelling for Beginners	05/06/2025	10/07/2025	13:00	16:00	Thurs	FREE/£63
Painting à la Klimt	06/06/2025	11/07/2025	09:30	12:30	Fri	FREE/£63
Garden Painting - Next Steps	06/06/2025	11/07/2025	13:00	16:00	Fri	FREE/£63

*Even if you see a cost next to our courses, most are low cost or FREE depending on your circumstances and eligibility criteria inspireculture.org.uk/fundingyourcourse

HUCKNALL LIBRARY

Beadweaving Jewellery for Beginners	22/04/2025	06/05/2025	13:00	15:00	Tues	FREE/£21
Needle Felting for Beginners	22/04/2025	06/05/2025	15:30	17:30	Tues	FREE/£21
Calligraphy for Beginners	23/04/2025	21/05/2025	09:30	11:30	Weds	FREE/£35
Crochet - Summer Designs	25/04/2025	23/05/2025	12:30	14:30	Fri	FREE/£35
Beadweaving Jewellery Next Steps	13/05/2025	27/05/2025	13:00	15:00	Tues	FREE/£21
Needle Felting Next Steps	13/05/2025	27/05/2025	15:30	17:30	Tues	FREE/£21
Creating Clay Animation for Beginners	03/06/2025	17/06/2025	10:30	12:30	Tues	FREE/£21
Calligraphy Next Steps - Uncial and Gothic	04/06/2025	25/06/2025	10:00	12:00	Weds	FREE/£28
Gel Plate Printing	04/07/2025	18/07/2025	14:00	16:00	Fri	FREE/£21

KIRKBY-IN-ASHFIELD LIBRARY AND LEARNING CENTRE

Machine Sewing for Beginners - Cushions	24/04/2025	22/05/2025	17:00	19:30	Thurs	FREE/£44
Gel Plate Printing	02/06/2025	02/06/2025	10:00	15:30	Mon	FREE/£19.25
Indian Block Printing	09/06/2025	09/06/2025	10:00	15:30	Mon	FREE/£19.25

MANSFIELD CENTRAL LIBRARY

Needle Felting for Beginners	25/04/2025	09/05/2025	10:00	12:00	Fri	FREE/£21
Bead Weaving Jewellery for Beginners	25/04/2025	09/05/2025	13:00	15:00	Fri	FREE/£21
Gel Plate Printing	27/04/2025	11/05/2025	11:00	13:00	Sun	FREE/£21
Needle Felting - Next Steps	16/05/2025	30/05/2025	10:00	12:00	Fri	FREE/£21
Bead Weaving Jewellery - Next Steps	16/05/2025	30/05/2025	13:00	15:00	Fri	FREE/£21
Ink Drawing	02/06/2025	07/07/2025	09:30	12:30	Mon	FREE/£63
Drawing and Painting Nature	02/06/2025	07/07/2025	13:00	16:00	Mon	FREE/£63
Sewing Machines for Beginners - Bags	05/06/2025	10/07/2025	10:00	12:30	Thurs	FREE/£43.75
Machine Sewing for Beginners - Cushions	05/06/2025	10/07/2025	13:15	15:45	Thurs	FREE/£43.75

MANSFIELD WOODHOUSE LIBRARY

Floral Abstractions - Beginners	24/04/2025	22/05/2025	09:30	12:30	Thurs	FREE/£53
Drawing and Painting Nature	24/04/2025	22/05/2025	13:00	16:00	Thurs	FREE/£52.50
Impressionist Painting in Acrylics	03/06/2025	08/07/2025	09:30	12:30	Tues	FREE/£63
Collage and Mixed Media	03/06/2025	08/07/2025	13:00	16:00	Tues	FREE/£63
Macrame Jewellery	05/06/2025	12/06/2025	10:00	13:00	Thurs	FREE/£21
Bobbin Lace - Torchon	05/06/2025	12/06/2025	14:00	17:00	Thurs	FREE/£21
Gel Plate Printing	03/07/2025	17/07/2025	10:00	12:00	Thurs	FREE/£21
Book Making	03/07/2025	17/07/2025	13:00	15:00	Thurs	FREE/£21

NEWARK BUTTERMARKE

Art Next Steps	22/04/2025	20/05/2025	13:15	15:45	Tues	FREE/£43.75
Hand Sewn Felt: Butterflies and Moths	24/04/2025	22/05/2025	10:00	12:00	Thurs	FREE/£35
Drawing for Beginners in Pen	24/04/2025	17/07/2025	13:00	15:00	Thurs	FREE/£84
Watercolour Painting for Beginners	24/04/2025	05/06/2025	13:30	15:30	Thurs	FREE/£42
Machine Sewing for Beginners - Bags	26/04/2025	24/05/2025	10:00	12:30	Sat	FREE/£43.75
Machine Sewing for Beginners - Cushions	26/04/2025	24/05/2025	13:15	15:45	Sat	FREE/£43.75
Indian Block Printing - Print and Stitch	30/04/2025	21/05/2025	15:00	17:00	Weds	FREE/£28
Indian Block Printing - Print and Patchwork	30/04/2025	21/05/2025	18:00	20:00	Weds	FREE/£28
Paper Crafts	13/05/2025	10/06/2025	13:00	15:00	Tues	FREE/£35
Art - Mixed Media	03/06/2025	08/07/2025	13:15	15:45	Tues	FREE/£52.50
Hand Sewn Felt: Flowers and Birds	05/06/2025	10/07/2025	10:00	12:00	Thurs	FREE/£42
Indian Block Printing	06/06/2025	06/06/2025	10:00	16:30	Fri	FREE/£21
Watercolour Painting for Beginners - Next Steps	12/06/2025	17/07/2025	13:30	15:30	Thurs	FREE/£42
Indian Block Printing - Print and Patchwork	13/06/2025	13/06/2025	10:00	16:30	Fri	FREE/£21

ONLINE

Art Explored	23/04/2025	21/05/2025	09:30	11:30	Weds	FREE/£35
Art for Beginners	29/04/2025	20/05/2025	10:00	12:00	Tues	FREE/£28
Animals in Art	30/04/2025	21/05/2025	10:00	12:00	Weds	FREE/£28

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Visit your local Inspire library for resources to support your learning inspireculture.org.uk/libraries

Check out our brand-new venue, Inspire High Pavement Learning Centre, Sutton-in-Ashfield!

RAVENSHEAD LIBRARY

Painting à la Van Gogh	22/04/2025	20/05/2025	09:30	12:30	Tues	FREE/£52.50
Semi-Abstract Landscape Painting	22/04/2025	20/05/2025	13:00	16:00	Tues	FREE/£52.50
Beadweaving Jewellery for Beginners	06/06/2025	20/06/2025	09:30	11:30	Fri	FREE/£21
Beadweaving Jewellery Next Steps	27/06/2025	11/07/2025	09:30	11:30	Fri	FREE/£21

RETFORD LIBRARY

Book Folding	05/07/2025	05/07/2025	09:30	12:30	Sat	FREE/£10.50
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SOUTHWELL LIBRARY

Floral Painting in Acrylic	23/04/2025	14/05/2025	10:00	13:00	Weds	FREE/£42
Watercolour Painting for Beginners	23/04/2025	21/05/2025	10:00	12:00	Weds	FREE/£35
Abstract Landscape Painting	23/04/2025	21/05/2025	13:30	16:30	Weds	FREE/£52.50
Macrame for Beginners	28/04/2025	28/04/2025	10:00	15:30	Mon	FREE/£19.25
Indian Block Printing	12/05/2025	12/05/2025	10:00	15:30	Mon	FREE/£19.25
Indian Block Printing - Print and Patchwork	19/05/2025	19/05/2025	10:00	15:30	Mon	FREE/£19.25
Contemporary Landscape Painting	04/06/2025	09/07/2025	10:00	13:00	Weds	FREE/£63
Contemporary Still Life	04/06/2025	09/07/2025	13:30	16:30	Weds	FREE/£63

STAPLEFORD LIBRARY AND LEARNING CENTRE

Art Next Steps	25/04/2025	23/05/2025	10:00	12:30	Fri	FREE/£43.75
Macrame for Beginners	01/05/2025	01/05/2025	10:00	15:30	Thurs	FREE/£19.25
Macrame Jewellery	08/05/2025	22/05/2025	10:00	12:00	Thurs	FREE/£21
Bobbin Lace for Beginners	08/05/2025	22/05/2025	13:00	15:00	Thurs	FREE/£21
Photography for Wellbeing	16/05/2025	16/05/2025	09:30	13:00	Fri	FREE/£12.25
Needle Felting for Beginners	02/06/2025	16/06/2025	10:00	12:00	Mon	FREE/£21
Machine Sewing for Beginners - Bags	02/06/2025	07/07/2025	10:00	12:30	Mon	FREE/£52.50
Beadweaving Jewellery for Beginners	02/06/2025	16/06/2025	13:00	15:00	Mon	FREE/£21
Machine Sewing for Beginners - Cushions	02/06/2025	07/07/2025	13:15	15:45	Mon	FREE/£52.50
Ceramics for Beginners	05/06/2025	10/07/2025	09:30	11:30	Thurs	FREE/£42
Sculpture for Beginners	05/06/2025	10/07/2025	12:30	14:30	Thurs	FREE/£42
Art Mixed Media	06/06/2025	11/07/2025	10:00	12:30	Fri	FREE/£52.50
Needle Felting Next Steps	23/06/2025	07/07/2025	10:00	12:00	Mon	FREE/£21
Beadweaving Jewellery Next Steps	23/06/2025	07/07/2025	13:00	15:00	Mon	FREE/£21

ST. MARK'S CHURCH HALL, WOODTHORPE

Mixed Media - Collage Landscapes	12/05/2025	09/06/2025	10:00	12:00	Mon	FREE/£35
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WEST BRIDGFORD LIBRARY

Ikebana Japanese Flower Arranging	01/05/2025	22/05/2025	12:30	14:30	Thurs	FREE/£28
Summer Flower Arranging	05/06/2025	26/06/2025	12:30	14:30	Thurs	FREE/£28
Gel Plate Printing	07/06/2025	07/06/2025	10:00	15:30	Sat	FREE/£19.25
Indian Block Printing	14/06/2025	14/06/2025	10:00	15:30	Sat	FREE/£19.25
Indian Block Printing - Print and Stitch	05/07/2025	26/07/2025	10:00	12:00	Sat	FREE/£28
Indian Block Printing - Print and Patch	05/07/2025	26/07/2025	13:00	15:00	Sat	FREE/£28

WEST BRIDGFORD METHODIST CHURCH

Art Mixed Media Next Steps	24/04/2025	22/05/2025	10:00	12:30	Thurs	FREE/£43.75
Mixed Media Printmaking (Monoprints and Collagraphs)	24/04/2025	22/05/2025	13:15	15:45	Thurs	FREE/£43.75
Art - Personal Projects (Landscapes, Cityscapes, Still Life)	05/06/2025	10/07/2025	10:00	12:30	Thurs	FREE/£52.50
Print and Stitch for Beginners	05/06/2025	10/07/2025	13:15	15:45	Thurs	FREE/£52.50

WORKSOP LIBRARY

Macrame for Beginners	08/06/2025	15/06/2025	12:30	14:30	Sun	FREE/£14
Book Folding	21/06/2025	21/06/2025	10:00	13:00	Sat	FREE/£10.50
Indian Block Printing - Print and Stitch	06/07/2025	27/07/2025	12:30	14:30	Sun	FREE/£28

*Even if you see a cost next to our courses, most are low cost or FREE depending on your circumstances and eligibility criteria inspireculture.org.uk/fundingyourcourse

Cooking

Rediscover the joy of cooking with our tasty courses! From delicious tray bakes and treats to cuisines from around the world, there's something to suit every taste.

Course Title	Start Date	End Date	From	To	Day	Cost*
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HIGH PAVEMENT HOUSE, SUTTON-IN-ASHFIELD

Cooking - Family Meals - Spring into Summer	24/04/2025	22/05/2025	10:00	12:30	Thurs	FREE/£43.75
Cupcake Toppers - Makeup	24/04/2025	24/04/2025	13:30	15:30	Thurs	FREE/£7
Baking - Biscuits	01/05/2025	01/05/2025	13:30	15:30	Thurs	FREE/£7
Baking - Cookies	08/05/2025	08/05/2025	13:30	15:30	Thurs	FREE/£7
Cooking - Family Meals - Making a Mezze	05/06/2025	10/07/2025	10:00	12:30	Thurs	FREE/£52.50
Cooking - West Indian - Cutters (Tapas)	19/06/2025	10/07/2025	18:30	20:30	Thurs	FREE/£28
Cooking - Spanish	26/06/2025	24/07/2025	13:30	15:30	Thurs	FREE/£35

HOCKERTON HOUSING PROJECT, HOCKERTON

Sow, Cook, Eat - Part 2	25/04/2025	09/05/2025	11:00	14:00	Fri	FREE/£31.50
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MANSFIELD CENTRAL LIBRARY

Sugar Craft - Quilted Cupcake Toppers	28/04/2025	28/04/2025	10:00	12:00	Mon	FREE/£7
Sugar Craft - Cherry Blossom	12/05/2025	19/05/2025	10:00	12:00	Mon	FREE/£14
Sugar Craft - Fondant Fruit	02/06/2025	02/06/2025	10:00	12:00	Mon	FREE/£7
Sugar Craft - Cosmos Flowers	23/06/2025	14/07/2025	10:00	12:00	Mon	FREE/£28

MANSFIELD WOODHOUSE LIBRARY

Sugar Craft - Magnolias	22/04/2025	20/05/2025	10:00	12:00	Tues	FREE/£35
Sugar Craft - Fondant Vegetables	03/06/2025	03/06/2025	10:00	12:00	Tues	FREE/£7
Sugar Craft - Piping and Flooding	24/06/2025	15/07/2025	10:00	12:00	Tues	FREE/£28

Creative Writing & Literature

Courses for book lovers and writers. Develop your own story, poetry or explore literature with us.

Course Title	Start Date	End Date	From	To	Day	Cost*
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EDWINSTOWE LIBRARY

Poetry for Beginners	25/04/2025	23/05/2025	10:00	12:00	Fri	FREE/£35
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ONLINE

Creative Writing - Poetry	22/04/2025	20/05/2025	13:00	15:00	Tues	FREE/£35
Creative Writing - Short Stories	03/05/2025	24/05/2025	10:00	12:00	Sat	FREE/£28
Creative Writing - Folk Tales	03/06/2025	08/07/2025	13:00	15:00	Tues	FREE/£42

RAVENSHEAD LIBRARY

Nottinghamshire's Women Writers	08/05/2025	15/05/2025	10:00	12:00	Thurs	FREE/£14
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SOUTHWELL LIBRARY

Byron and Lawrence	24/04/2025	22/05/2025	10:00	12:00	Thurs	FREE/£35
John Keats' Poetry	05/06/2025	10/07/2025	10:00	12:00	Thurs	FREE/£42

WEST BRIDGFORD LIBRARY

James Joyce Explored	25/04/2025	23/05/2025	13:00	15:00	Fri	FREE/£35
Shakespeare - Heroes and Villains	06/06/2025	11/07/2025	13:00	15:00	Fri	FREE/£42

WORKSOP LIBRARY

Poetry for Beginners	02/06/2025	07/07/2025	10:00	12:00	Mon	FREE/£42
Creative Writing - Short Stories	07/06/2025	21/06/2025	10:00	12:00	Sat	FREE/£21

*Even if you see a cost next to our courses, most are low cost or FREE depending on your circumstances and eligibility criteria inspireculture.org.uk/fundingyourcourse

★ Courses where you receive a recognised qualification

Career boosting courses

Giving you a head start

Progress your education

Getting a job in your chosen industry

Employability & Work Skills

Courses to enhance your employability prospects, for a variety of workplaces.

Course Title	Start Date	End Date	From	To	Day	Cost*
BEESTON LIBRARY						
Bookkeeping Next Steps	24/04/2025	22/05/2025	10:00	12:00	Thurs	FREE/£35
NEWARK BUTTERMARKE						
Bookkeeping for Beginners	23/04/2025	21/05/2025	13:00	15:00	Weds	FREE/£35
Bookkeeping for Beginners - Next Steps	04/06/2025	09/07/2025	13:00	15:00	Weds	FREE/£42
ONLINE						
Sales Skills - An Introduction	04/06/2025	09/07/2025	17:00	18:30	Weds	FREE/£31.50
WEST BRIDGFORD LIBRARY						
Career Coaching	29/04/2025	20/05/2025	12:45	14:45	Tues	FREE/£28
Setting Up a Holistic Business	16/07/2025	16/07/2025	10:00	14:00	Weds	FREE/£14
WORKSOP LIBRARY						
Setting up a Holistic Business	17/07/2025	17/07/2025	10:00	14:00	Thurs	FREE/£14

ADDITIONAL LEARNING SUPPORT

If you need additional help and support to successfully complete your course, let us know when you enrol. We'll support you every step of the way and take appropriate steps to make sure that extra provision is in place.

Your local library can help you achieve more - bookable computers, free WIFI, quiet study spaces, printing and photocopying.



English & ESOL

Build your confidence in using spoken and written English whilst also developing your enjoyment of reading. Our English courses allow you to gain a Functional Skills English qualification. Our ESOL courses will help you to improve your English skills and your confidence if English is not your first language.

Course Title	Start Date	End Date	From	To	Day	Cost*
NEWARK BUTTERMARKE						
ESOL: Beginner Writing Skills	28/04/2025	14/07/2025	10:00	12:00	Mon	FREE
ONLINE						
English Functional Skills Intensive	22/04/2025	09/07/2025	10:00	12:00	Tues	FREE ★
Grammar and Punctuation	22/04/2025	20/05/2025	13:30	15:30	Tues	FREE/£35
ESOL Everyday English for Beginners Part 4	24/04/2025	22/05/2025	09:30	11:30	Thurs	FREE
ESOL - Everyday English for Beginners	19/06/2025	24/07/2025	09:30	11:30	Thurs	FREE

*Even if you see a cost next to our courses, most are low cost or FREE depending on your circumstances and eligibility criteria [inspireculture.org.uk/fundingyourcourse](https://www.inspireculture.org.uk/fundingyourcourse)

Aged 16-19? Find out about our inspiring college courses for young people - see back page for details!

Family Learning

Designed for parents and carers to learn enjoyable strategies to understand, support and help develop their children's learning. Some courses are for adults only, specifically designed for family members to positively support their children.

Course Title	Start Date	End Date	From	To	Day	Cost*
ARNOLD LIBRARY						
Music Making for Early Years - Space	23/04/2025	21/05/2025	13:30	14:30	Weds	FREE/£17.50
Music Making for Early Years - Animals	04/06/2025	09/07/2025	13:30	14:30	Weds	FREE/£21
GEDLING LIBRARY						
Music Making for Early Years - Space	24/04/2025	22/05/2025	14:00	15:00	Thurs	FREE/£17.50
Makaton Signing for Babies and Families	05/06/2025	10/07/2025	10:30	11:30	Thurs	FREE/£21
Music Making for Early Years - Animals	05/06/2025	10/07/2025	14:00	15:00	Thurs	FREE/£21
MANSFIELD CENTRAL LIBRARY						
Music and Signing (BSL) for 0-3 Years	25/04/2025	23/05/2025	09:30	11:00	Fri	FREE/£26.25
Autism - All About Me	25/04/2025	23/05/2025	13:00	14:30	Fri	FREE/£26.25
Baby Massage - 8 Weeks to Mobile	29/04/2025	20/05/2025	09:30	11:00	Tues	FREE/£21
Baby Massage - 8 Weeks to Mobile	03/06/2025	24/06/2025	09:30	11:00	Tues	FREE/£21
MANSFIELD WOODHOUSE LIBRARY						
Autism - All About Me	22/04/2025	20/05/2025	10:00	11:30	Tues	FREE/£26.25
Music and Signing (BSL) for 0-3 Years	22/04/2025	20/05/2025	13:00	14:30	Tues	FREE/£26.25
SOUTHWELL LIBRARY						
Music and Signing (BSL) for 0-3 Years	03/06/2025	08/07/2025	09:30	11:00	Tues	FREE/£31.50
Autism - All About Me	03/06/2025	08/07/2025	13:00	14:30	Tues	FREE/£31.50
WOODTHORPE LIBRARY						
Music Making for Early Years - Animals	02/06/2025	07/07/2025	14:00	15:00	Mon	FREE/£21
WORKSOP LIBRARY						
Autism - All About Me	06/06/2025	11/07/2025	09:30	11:00	Fri	FREE/£31.50
Music and Signing (BSL) for 0-3 Years	06/06/2025	11/07/2025	13:00	14:30	Fri	FREE/£31.50

FREE Functional Skills Courses with Inspire

If you're hoping to take the next step in your career, or just want to gain new skills, our **FREE functional skills courses in maths, English and IT will boost your employability, your job prospects and your confidence.**

Develop useful everyday skills that will help you support your child with their homework, writing letters and emails, shopping smarter to save money and more! These recognised qualifications can enhance your CV, improve your confidence and set you up for further study.

Our courses run online or in-person at Inspire libraries, with dedicated and personalised support from our friendly tutors to help you work towards your qualification at a level that is right for you.

All courses are broken down into accessible units, with homework to complete and an exam at the end to earn your qualification.

We look forward to welcoming you!

If you need help finding a course or you need help to book, please get in touch with us on **01623 677 200** or email learning@inspireculture.org.uk.

"I am truly grateful for your tutorials and support. I am indeed very happy, it was a lovely experience and I received my Mathematics Certificate this afternoon - I cannot thank you enough!"
Functional Maths Skills learner:



*Even if you see a cost next to our courses, most are low cost or FREE depending on your circumstances and eligibility criteria [inspireculture.org.uk/fundingyourcourse](https://www.inspireculture.org.uk/fundingyourcourse)

Visit your local Inspire library for resources to support your learning inspireculture.org.uk/libraries

Health & Wellbeing

Courses designed to boost both your physical and mental wellbeing. Discover complementary therapies, learn about food and nutrition, mindfulness and meditation. Get moving with us or learn more about looking after yourself. We also have workshops on topical subjects such as dementia, autism and dyslexia.

Course Title	Start Date	End Date	From	To	Day	Cost*
ARNOLD LIBRARY						
Meditation to Support Better Sleep	25/04/2025	23/05/2025	10:00	12:00	Fri	FREE/£35
Holistic Therapies Explored	25/04/2025	23/05/2025	13:00	15:00	Fri	FREE/£35
Facial Peels - An Introduction	26/04/2025	26/04/2025	10:00	15:30	Sat	FREE/£15.75
Healthy Gut Healthy Mind	20/06/2025	11/07/2025	15:30	17:30	Fri	FREE/£28
BEESTON LIBRARY						
Managing Type 2 Diabetes	23/04/2025	14/05/2025	13:00	15:00	Weds	FREE/£28
Hand Reflexology	24/04/2025	22/05/2025	13:30	15:30	Thurs	FREE/£35
BINGHAM LIBRARY						
Yoga for Osteoporosis	25/04/2025	11/07/2025	10:00	11:30	Fri	FREE/£57.75
EDWINSTOWE LIBRARY						
Soundscapes for Beginners	25/04/2025	23/05/2025	13:00	15:00	Fri	FREE/£35
HIGH PAVEMENT HOUSE, SUTTON-IN-ASHFIELD NEW						
Dream Exploration	24/04/2025	22/05/2025	10:00	12:00	Thurs	FREE/£35
Meditation to Support Better Sleep	24/04/2025	22/05/2025	13:00	15:00	Thurs	FREE/£35
Reiki 1	07/06/2025	12/07/2025	10:00	12:00	Sat	FREE/£42
JOHN GODBER CENTRE, HUCKNALL						
Complementary Therapies Explored	04/06/2025	09/07/2025	10:00	12:00	Weds	FREE/£42
MILLGATE COMMUNITY CENTRE, NEWARK						
Yoga for Osteoporosis	22/04/2025	08/07/2025	10:00	11:30	Tues	FREE/£57.75
MANSFIELD CENTRAL LIBRARY						
Reiki 1	22/04/2025	20/05/2025	10:00	12:00	Tues	FREE/£35
Indian Head Massage for Beginners	22/04/2025	20/05/2025	12:30	14:30	Tues	FREE/£35
Hand Reflexology	23/04/2025	21/05/2025	13:30	15:30	Weds	FREE/£35
Mindfulness for Beginners	24/04/2025	22/05/2025	10:00	12:00	Thurs	FREE/£35
Colour Therapy - An Introduction	24/04/2025	22/05/2025	12:30	14:30	Thurs	FREE/£35
Reiki 2	03/06/2025	08/07/2025	10:00	12:00	Tues	FREE/£42
Reflexology for Beginners	03/06/2025	08/07/2025	12:30	14:30	Tues	FREE/£42
Indian Head Massage for Beginners	04/06/2025	09/07/2025	10:00	12:00	Weds	FREE/£42
Meditation for Beginners	04/06/2025	09/07/2025	12:30	14:30	Weds	FREE/£42
MANSFIELD WOODHOUSE LIBRARY						
Mindfulness for Beginners	02/06/2025	07/07/2025	10:00	12:00	Mon	FREE/£42
Colour Therapy - An Introduction	02/06/2025	07/07/2025	12:30	14:30	Mon	FREE/£42
OLLERTON LIBRARY						
Singing for Wellbeing	06/06/2025	11/07/2025	10:00	12:00	Fri	FREE/£42
Soundscapes for Beginners	06/06/2025	11/07/2025	13:00	15:00	Fri	FREE/£42
ONLINE						
Feng Shui	22/04/2025	20/05/2025	10:00	12:00	Tues	FREE/£35
Meditation and Mindfulness	22/04/2025	20/05/2025	13:00	15:00	Tues	FREE/£35
Learn to Relax	25/04/2025	23/05/2025	10:00	12:00	Fri	FREE/£35
Positive Psychology	25/04/2025	23/05/2025	13:00	15:00	Fri	FREE/£35
Positive Psychology	03/06/2025	01/07/2025	10:00	12:00	Tues	FREE/£35
Learn to Relax	03/06/2025	01/07/2025	13:00	15:00	Tues	FREE/£35
Diet and Nutrition - An Introduction	03/06/2025	08/07/2025	13:30	15:30	Tues	FREE/£42

*Even if you see a cost next to our courses, most are low cost or FREE depending on your circumstances and eligibility criteria inspireculture.org.uk/fundingyourcourse

Check out our brand-new venue, Inspire High Pavement Learning Centre, Sutton-in-Ashfield!

STAPLEFORD LIBRARY AND LEARNING CENTRE						
Reiki 1	05/06/2025	10/07/2025	10:00	12:00	Thurs	FREE/£42
Meditation and Mindfulness	05/06/2025	10/07/2025	13:00	15:00	Thurs	FREE/£42
Hand Reflexology - An Introduction	05/06/2025	10/07/2025	14:00	16:00	Thurs	FREE/£42
WEST BRIDGFORD LIBRARY						
Meditation and Mindfulness	23/04/2025	21/05/2025	10:00	12:00	Weds	FREE/£35
Holistic Therapies Explored	23/04/2025	21/05/2025	13:00	15:00	Weds	FREE/£35
Health and Wellbeing - Cultural Explorations	04/06/2025	09/07/2025	10:00	12:00	Weds	FREE/£42
Reiki 1	04/06/2025	09/07/2025	13:00	15:00	Weds	FREE/£42
Reducing the Risk of Type 2 Diabetes	18/06/2025	09/07/2025	13:30	15:30	Weds	FREE/£28
WEST BRIDGFORD METHODIST CHURCH						
Yoga for Osteoporosis	25/04/2025	11/07/2025	13:00	14:30	Fri	FREE/£57.75
WORKSOP LIBRARY						
Learn to Relax	24/04/2025	22/05/2025	10:30	12:30	Thurs	FREE/£35
Soundscapes for Beginners	02/06/2025	07/07/2025	13:00	15:00	Mon	FREE/£42
Elemental Meditation	03/06/2025	08/07/2025	11:00	13:00	Tues	FREE/£42
Holistic Therapies Explored	03/06/2025	08/07/2025	13:30	15:30	Tues	FREE/£42
Positive Mind - Positive Life	05/06/2025	03/07/2025	10:30	12:30	Thurs	FREE/£35
Meditation to Support Better Sleep	06/06/2025	11/07/2025	10:00	12:00	Fri	FREE/£42
Health and Wellbeing - Cultural Explorations	06/06/2025	11/07/2025	13:00	15:00	Fri	FREE/£42

Boost your physical and mental wellbeing

Get moving

Discover therapies and workshops

Learn about food and nutrition

Inspire High Pavement Learning Centre

Culture | Learning | Libraries



We are thrilled to announce that Inspire Adult Learning has relocated to High Pavement House, Sutton-in-Ashfield! High Pavement House is conveniently located near Sutton town centre and Inspire's Sutton-in-Ashfield Library, ensuring easy access for all learners.

High Pavement House is also serving as our new college base for young people. Courses include:

- Health and Social Care
- Construction and Joinery
- Hospitality
- Maths and English GCSE Resits and Functional Skills
- Employability, Personal and Social Development

This new hub of learning and opportunity offers a variety of courses for people to gain skills and have fun whilst learning something new. Be one of the first to join us, whether it's for painting, maths, Reiki or arts and crafts. We've also expanded our learning offer with cooking classes from around the world in our brand-new kitchen!

Students will also benefit from exciting work placements and traineeship opportunities, helping them gain valuable hands-on experience in their chosen fields.

Drop in and say hello and see what's on offer - we look forward to welcoming you to our new learning centre!

Find out more and view courses on offer at inspireculture.org.uk/high-pavement

*Even if you see a cost next to our courses, most are low cost or FREE depending on your circumstances and eligibility criteria inspireculture.org.uk/fundingyourcourse

Testimonials

Inspire Adult Learners



“Before I found it scary to do things online, but now I have so much more confidence!”

Manu
Essential Digital Skills Online Learner



Marie
Access to HE learner at Stapleford Library and Learning Centre

I've enjoyed every bit of it, I came on the Access to Health and Social Care course at a point I thought all hope was lost, and I thought I couldn't never where I am today. Inspire Learning have helped me such a long way. They helped me build my confidence and the teachers have been amazing. Especially Mel, she has done an amazing job. I can now go to university, it's a great achievement for me. Anyone that wants to come on the course is so welcome, it is very inspiring.

Margaret
Italian for Beginners learner at Arnold Library

It's been very educational but also really good fun to learn a new language and discover more about the food and culture! Our tutor is very down to earth, and makes it really fun and interesting.

Learner
ESOL (English for Speakers of Other Languages) Learner at Gedling Library

The course is very friendly and very well run and I'm enjoying it. I feel confident speaking English for my job, and I speak English with my daughter and my son and I'm talking more and more.

I'm happy that I can speak English with my new friends every week.

This brings us together too. It is hugely important for us, to feel that we are a community. I'm learning English and I'm making friends.

Patricia
Embroidery learner at Newstead Library

The other learners are fantastic and made me feel so welcome. They're my friends now!



- Books
- Café
- Children's activities
- Computers
- Conference facilities
- Courses
- Events
- Exhibitions
- Groups
- Information services
- Local heritage collection
- Meeting room hire
- Photocopying
- Printing
- Study space
- Theatre
- Wi-Fi



BE INSPIRED AT YOUR LOCAL LIBRARY

Join and use many of our services **FREE!**

Visit inspireculture.org.uk/libraries to find out which fantastic services are available in your local library.

We look forward to welcoming you!

Ask Inspire: 01623 677 200

ask@inspireculture.org.uk



INSPIRE LIBRARIES & BEYOND

Story Garden

Rough Patch
How a year in the garden brought me back to life
Kathy Slack

GUIDE OUT NOW
Scan here to view the latest issue

WHAT'S ON ARTS & CULTURE APRIL - JULY 2025

Spring in in the air and we are excited to bring you a vibrant new season of events for all ages – including exhibitions, family theatre, live music, author talks, arts, films, heritage and even a bit of knitting!

FIND OUT ABOUT OUR EVENTS:
Pick up the latest What's On Guide from your local library, or visit: inspireculture.org.uk/whatson

[@NottsLibraries](https://www.facebook.com/NottsLibraries)
[@InspireCultureNotts](https://www.instagram.com/InspireCultureNotts)

Visit your local Inspire library for resources to support your learning inspireculture.org.uk/libraries

IT & Digital Skills

Become computer savvy, from coding to internet safety to the basics of Microsoft Office.

Course Title	Start Date	End Date	From	To	Day	Cost*
ARNOLD LIBRARY						
Word Processing for Beginners	23/04/2025	21/05/2025	12:30	14:30	Weds	FREE/£35
Computer and Internet Basics	23/04/2025	14/05/2025	15:00	17:00	Weds	FREE/£28
Online Safety and Avoiding Internet Scams	04/06/2025	11/06/2025	13:00	15:00	Weds	FREE/£21
Word Processing (Intermediate)	24/06/2025	01/07/2025	13:00	16:00	Tues	FREE/£21
Digital Crafts: AI Generated Images for Beginners	03/07/2025	03/07/2025	10:00	12:00	Thurs	FREE/£7
AI (ChatGPT) for Meal Planning	03/07/2025	03/07/2025	13:00	16:00	Thurs	FREE/£10.50
Animation for Beginners (Next Steps)	08/07/2025	29/07/2025	10:00	12:00	Tues	FREE/£28
Online Safety and Avoiding Internet Scams	16/07/2025	23/07/2025	15:00	17:00	Weds	FREE/£14
Coding for Beginners (Python)	23/07/2025	30/07/2025	13:00	16:00	Weds	FREE/£21
BEESTON LIBRARY						
Coding for Beginners (Python)	23/04/2025	21/05/2025	10:30	12:30	Weds	FREE/£35
Computer and Internet Basics	24/04/2025	15/05/2025	10:30	12:30	Thurs	FREE/£28
Online Basics	24/04/2025	22/05/2025	14:00	16:00	Thurs	FREE/£35
Digital Crafts for Beginners	09/05/2025	23/05/2025	10:00	12:00	Fri	FREE/£21
Computer and Internet Basics	02/06/2025	07/07/2025	10:30	12:30	Mon	FREE/£42
PowerPoint Presentations for Beginners	05/06/2025	26/06/2025	14:00	16:00	Thurs	FREE/£28
Word Processing for Beginners	06/06/2025	27/06/2025	10:00	12:00	Fri	FREE/£28
Computer and Internet Basics	03/07/2025	24/07/2025	14:00	16:00	Thurs	FREE/£28
Digital Skills for Wellbeing (incl. AI Meal Planning)	04/07/2025	25/07/2025	10:00	12:00	Fri	FREE/£28
HIGH PAVEMENT HOUSE, SUTTON-IN-ASHFIELD NEW						
Excel Spreadsheets for Work (Beginners)	23/05/2025	23/05/2025	10:00	12:30	Fri	FREE/£8.75
HUCKNALL LIBRARY						
Word Processing for Beginners	25/04/2025	23/05/2025	10:00	12:00	Fri	FREE/£35
PowerPoint Presentations for Beginners	03/06/2025	17/06/2025	13:30	16:00	Tues	FREE/£26.25
Creating Clay Animation for Beginners	03/06/2025	17/06/2025	10:30	12:30	Tues	FREE/£21
MANSFIELD CENTRAL LIBRARY						
Excel Spreadsheets for Work (Intermediate)	04/04/2025	11/04/2025	14:00	17:00	Fri	FREE/£21
Computer and Internet Basics	11/07/2025	25/07/2025	14:00	17:00	Fri	FREE/£31.50
NEWARK BUTTERMARKE						
Digital Skills for Wellbeing	06/05/2025	06/05/2025	13:15	16:15	Tues	FREE/£10.50
AI ChatGPT for Meal Planning	06/05/2025	06/05/2025	16:45	18:45	Tues	FREE/£7
Computer and Internet Basics	13/05/2025	20/05/2025	15:45	18:45	Tues	FREE/£21
Digital Skills: Creating a Vision Board	03/06/2025	10/06/2025	15:45	18:45	Tues	FREE/£21
Word Processing for Beginners	17/06/2025	08/07/2025	15:45	18:45	Tues	FREE/£42
Excel For Beginners	15/07/2025	22/07/2025	15:45	18:45	Tues	FREE/£21
ONLINE						
Excel Spreadsheets for Work (Intermediate)	22/04/2025	06/05/2025	10:00	12:00	Tues	FREE/£21
Coding for Beginners (Python)	22/04/2025	20/05/2025	14:30	16:30	Tues	FREE/£35
Outlook Emails (tips for work)	13/05/2025	20/05/2025	10:00	12:00	Tues	FREE/£14
Excel Spreadsheets for Work (Beginners)	13/05/2025	20/05/2025	13:15	15:15	Tues	FREE/£14
Digital Crafts: AI Generated Images for Beginners	03/06/2025	17/06/2025	10:00	12:00	Tues	FREE/£21
Digital Skills for Wellbeing	03/06/2025	10/06/2025	13:15	15:15	Tues	FREE/£14
Excel Charts for Beginners	17/06/2025	24/06/2025	13:15	15:15	Tues	FREE/£14
Online Basics	24/06/2025	08/07/2025	10:00	12:00	Tues	FREE/£21

*Even if you see a cost next to our courses, most are low cost or FREE depending on your circumstances and eligibility criteria inspireculture.org.uk/fundingyourcourse

★ Courses where you receive a recognised qualification

Digital Skills for Wellbeing	01/07/2025	08/07/2025	13:15	15:15	Tues	FREE/£14
Word Processing for Work (Intermediate)	15/07/2025	29/07/2025	10:00	12:00	Tues	FREE/£21
PowerPoint Presentations for Beginners	15/07/2025	22/07/2025	13:15	15:15	Tues	FREE/£14

STAPLEFORD LIBRARY AND LEARNING CENTRE

Coding for Beginners (Python)	22/04/2025	20/05/2025	10:30	12:30	Tues	FREE/£35
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WEST BRIDGFORD LIBRARY

PowerPoint Presentations for Beginners	22/04/2025	20/05/2025	17:00	19:00	Tues	FREE/£35
Excel Spreadsheets (Intermediate)	03/06/2025	08/07/2025	17:00	19:00	Tues	FREE/£35

WORKSOP LIBRARY

Excel Spreadsheets for Work (Beginners)	28/05/2025	11/06/2025	13:00	15:00	Weds	FREE/£21
Word Processing for Beginners	25/06/2025	09/07/2025	13:00	15:00	Weds	FREE/£21

Discover more accredited IT and word processing courses on page 18...

Languages

Learn a new language and improve your conversational ability.

Course Title	Start Date	End Date	From	To	Day	Cost*
BINGHAM LIBRARY						
French for Beginners	24/04/2025	03/07/2025	10:00	12:00	Thurs	FREE/£70
NEWARK BUTTERMARKE						
Italian for Beginners - Part 3	23/04/2025	16/07/2025	13:00	15:00	Weds	FREE/£84
Conversational French	25/04/2025	23/05/2025	10:00	12:00	Fri	FREE/£35
ONLINE						
Spanish for Beginners - Part 3	14/04/2025	21/07/2025	14:00	16:00	Mon	FREE/£84
Spanish Intermediate - Part 3	23/04/2025	09/07/2025	18:00	20:00	Weds	FREE/£84
Spanish Next Steps - Part 3	25/04/2025	18/07/2025	14:00	16:00	Fri	FREE/£84
SOUTHWELL LIBRARY						
Conversational French	22/04/2025	20/05/2025	10:30	12:30	Tues	FREE/£35

Maths

Boost your skills, CV and job prospects with our Functional Skills courses in maths.

Course Title	Start Date	End Date	From	To	Day	Cost*
ONLINE						
Maths - Functional Skills Level 2 Intensive	25/04/2025	25/07/2025	09:30	12:30	Fri	FREE ★

Inspire Adult Learning Survey – we want to hear from you!

We seek to offer the best programme of adult learning and are always looking for your feedback to help shape what we offer. If you have ideas about courses you'd like to see at any of our venues, please let us know. This short survey takes a couple of minutes to complete and will help us deliver the very best for the upcoming year. Thank you!



*Even if you see a cost next to our courses, most are low cost or FREE depending on your circumstances and eligibility criteria inspireculture.org.uk/fundingyourcourse

Visit your local Inspire library for resources to support your learning inspireculture.org.uk/libraries

Music

Develop your musical talent with us. Learn an instrument or get in tune with music theory and history.

Course Title	Start Date	End Date	From	To	Day	Cost*
ONLINE						
Music Theory for Songwriters, Composers and Improvisers - Beginners	22/04/2025	01/07/2025	15:00	16:00	Tues	FREE/£35
Keyboards for Beginners	22/04/2025	01/07/2025	16:30	17:30	Tues	FREE/£35
Music Theory for Beginners	22/04/2025	01/07/2025	17:45	18:45	Tues	FREE/£35
Music Theory for Beginners - Next Steps	22/04/2025	01/07/2025	19:00	20:00	Tues	FREE/£35
Advanced Music Theory	23/04/2025	02/07/2025	16:00	17:00	Weds	FREE/£35

Science, Social Science & Humanities

Take a walk through history, get political, analyse myths, explore mind and body. Learn how the world and society work.

Course Title	Start Date	End Date	From	To	Day	Cost*
ARNOLD LIBRARY						
Bletchley Code Breakers	24/04/2025	24/04/2025	09:30	12:00	Thurs	FREE/£8.75
History and Heritage of Gedling	03/06/2025	24/06/2025	18:30	20:00	Tues	FREE/£21
Body Language	12/07/2025	26/07/2025	10:00	12:00	Sat	FREE/£21
BEESTON LIBRARY						
Byron in Nottinghamshire	04/06/2025	11/06/2025	13:00	15:00	Weds	FREE/£14
BURTON JOYCE LIBRARY						
Evolutionary Psychology	13/05/2025	27/05/2025	10:00	12:00	Tues	FREE/£21
EASTWOOD LIBRARY						
Map Reading Made Easy	01/05/2025	22/05/2025	13:00	15:00	Thurs	FREE/£28
Map Reading in Practice	20/06/2025	20/06/2025	10:00	16:00	Thurs	FREE/£19.25
EDWINSTOWE LIBRARY						
Map Reading in Practice	28/06/2025	28/06/2025	10:00	16:00	Sat	FREE/£19
HIGH PAVEMENT HOUSE, SUTTON-IN-ASHFIELD NEW						
Map Reading Made Easy	02/05/2025	23/05/2025	10:00	12:00	Fri	FREE/£28
KEYWORTH LIBRARY						
Bletchley Code Breakers	18/06/2025	18/06/2025	10:30	13:00	Weds	FREE/£8.75
KIRKBY-IN-ASHFIELD LIBRARY AND LEARNING CENTRE						
Bletchley Code Breakers	12/05/2025	12/05/2025	10:00	12:30	Mon	FREE/£8.75
Alan Turing - Complete	12/05/2025	12/05/2025	13:30	16:00	Mon	FREE/£8.75
MANSFIELD CENTRAL LIBRARY						
Researching Family History - An Introduction	04/06/2025	09/07/2025	10:00	12:00	Weds	FREE/£42
NEWARK BUTTERMARKE						
Map Reading Made Easy	30/04/2025	21/05/2025	18:00	20:00	Weds	FREE/£28

*Even if you see a cost next to our courses, most are low cost or FREE depending on your circumstances and eligibility criteria inspireculture.org.uk/fundingyourcourse

Our courses all take place either in our libraries, at a local community venue, or online

ONLINE						
The History of Robin Hood	23/04/2025	21/05/2025	13:00	14:00	Weds	FREE/£17.50
Nottinghamshire's History	23/04/2025	21/05/2025	14:15	15:45	Weds	FREE/£26.25
British Government and Politics - How it all Works	29/04/2025	13/05/2025	18:30	20:30	Tues	FREE/£21
History of Computers	01/05/2025	01/05/2025	09:30	12:00	Thurs	FREE/£8.75
Bletchley Code Breakers	19/05/2025	19/05/2025	10:00	12:30	Mon	FREE/£8.75
Alan Turing - Complete	19/05/2025	19/05/2025	13:30	16:00	Mon	FREE/£8.75
Anatomy and Physiology	02/06/2025	07/07/2025	09:30	11:30	Mon	FREE/£42
Psychology of Emotions	29/06/2025	13/07/2025	10:00	12:00	Sun	FREE/£21
Evolutionary Psychology	09/07/2025	23/07/2025	18:00	20:00	Weds	FREE/£21
Developmental Psychology	14/07/2025	28/07/2025	18:00	20:00	Mon	FREE/£21

SOUTHWELL LIBRARY						
The History of Robin Hood	04/06/2025	02/07/2025	13:00	14:00	Weds	FREE/£17.50
Nottinghamshire's History	04/06/2025	02/07/2025	14:15	15:45	Weds	FREE/£26.25

STAPLEFORD LIBRARY AND LEARNING CENTRE						
Nottinghamshire's Women Writers	25/04/2025	02/05/2025	13:00	15:00	Fri	FREE/£14

WEST BRIDGFORD LIBRARY						
Bletchley Code Breakers	10/07/2025	10/07/2025	10:00	12:30	Thurs	FREE/£8.75
Alan Turing - Complete	10/07/2025	10/07/2025	13:30	16:00	Thurs	FREE/£8.75

Looking to give your career a boost?

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We have Accredited Courses in a huge range of subjects and vocations, and they can help your CV stand out from the crowd.

Our free and funded qualifications will give you the skills you need, to get the job you want. Approved by a professional awarding body, our accredited courses can make you more desirable to employers, whether that's being offered a better salary, the chance of promotion, or just getting your foot in the door.

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Our level 1 and 2 courses are funded through the Adult Skills Fund (ASF), meaning your course could be fully or part-funded, depending on your circumstances. We offer courses in volunteering, management skills, mental health awareness, conservation work, counselling and more - whether you want to break into a brand new industry, or take the next step in your established career.



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★ Courses where you receive a recognised qualification

Accredited Courses

If you're looking to progress your career or up-skill, come and talk to us about our superb range of accredited career-boosting courses. We have courses in volunteering, teaching, coding, health, social care or counselling, and business and management.

Course Title	Start Date	End Date	From	To	Day	Cost*	
ARNOLD LIBRARY							
Spreadsheet Software - Level 1 Award	08/05/2025	29/05/2025	10:00	13:00	Thurs	FREE/£66.50	★
Using Emails - Level 2 Award	04/06/2025	09/07/2025	15:00	17:00	Weds	FREE/£105	★
Spreadsheet Software - Level 1 Award	23/04/2025	21/05/2025	15:00	17:00	Weds	FREE/£66.50	★
Word Processing Software - Level 1 Award	25/06/2025	09/07/2025	13:00	16:00	Weds	FREE/£66.50	★
Spreadsheet Software - Level 1 Award	08/07/2025	29/07/2025	13:00	16:00	Tues	FREE/£66.50	★
BEESTON LIBRARY							
Spreadsheet Software - Level 1 Award	23/04/2025	21/05/2025	13:30	16:00	Weds	FREE/£66.50	★
Spreadsheet Software - Level 1 Award	02/06/2025	07/07/2025	13:30	16:00	Mon	FREE/£66.50	★
HIGH PAVEMENT HOUSE, SUTTON-IN-ASHFIELD NEW							
Word Processing Software - Level 1 Award	25/04/2025	16/05/2025	10:00	12:30	Fri	FREE/£66.50	★
Spreadsheet Software - Level 1 Award	06/06/2025	27/06/2025	10:00	12:30	Fri	FREE/£66.50	★
Using Emails - Level 2 Award	04/07/2025	25/07/2025	10:00	12:30	Fri	FREE/£105	★
MANSFIELD CENTRAL LIBRARY							
Spreadsheet Software - Level 2 Award	25/04/2025	23/05/2025	14:00	17:00	Fri	FREE/£105	★
Presentation Software - Level 2 Award	06/06/2025	04/07/2025	14:00	17:00	Fri	FREE/£105	★
NEWARK BUTTERMARKE							
Spreadsheet Software - Level 1 Award	29/04/2025	20/05/2025	09:30	12:30	Tues	FREE/£66.50	★
Using Emails - Level 2 Award	03/06/2025	01/07/2025	09:30	12:30	Tues	FREE/£105	★
STAPLEFORD LIBRARY AND LEARNING CENTRE							
Presentation Software - Level 2 Award	02/06/2025	30/06/2025	12:00	15:00	Mon	FREE/£105	★
Using Emails - Level 2 Award	07/07/2025	28/07/2025	12:00	15:00	Mon	FREE/£105	★
ONLINE							
Mental Health Awareness - Level 1 Award	14/04/2025	02/06/2025	18:00	21:00	Mon	FREE/£84	★
Nutrition and Health - Level 1 Award	16/04/2025	23/07/2025	18:00	21:00	Weds	FREE/£150.50	★
Sowing and Growing Techniques - Level 1 Award	22/04/2025	27/05/2025	09:30	11:30	Tues	FREE/£66.50	★
Preparing to Work in Schools - Level 1 Award	22/04/2025	15/07/2025	09:30	14:30	Tues	FREE/£164.50	★
Introduction to Health and Social Care - Level 1 Award	22/04/2025	20/05/2025	14:30	17:00	Tues	FREE/£66.50	★
Mental Health Awareness - Level 2 Certificate	23/04/2025	16/07/2025	09:30	16:30	Weds	FREE/£455	★
Awareness of Substance Misuse - Level 1 Award	23/04/2025	28/05/2025	10:00	12:00	Weds	FREE/£63	★
Counselling Skills- Level 2 Certificate	06/05/2025	24/07/2025	10:30	14:30	Tues & Thurs	FREE/£420	★
Level 2 Award in Support Work in Schools and Colleges	05/06/2025	25/07/2025	15:00	19:00	Tues & Fri	FREE/£315	★
Mental Health Awareness - Level 1 Award	29/05/2025	03/07/2025	13:00	16:00	Thurs	FREE/£84	★
Developing Customer Service Skills - Level 1 Award	03/06/2025	08/07/2025	09:30	11:30	Tues	FREE/£66.50	★
Stress Awareness - Level 1 Award	04/06/2025	09/07/2025	11:00	14:00	Weds	FREE/£84	★
Mental Health Awareness - Level 1 Award	05/06/2025	10/07/2025	18:00	21:00	Mon	FREE/£84	★
Principles of Coaching Sport - Level 1 Award	10/06/2025	10/07/2025	18:00	20:00	Tues & Thurs	FREE/£115.50	★
WORKSOP LIBRARY							
Word Processing Software - Level 1 Award	23/04/2025	14/05/2025	13:00	16:30	Weds	FREE/£66.50	★

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Our Subcontractors

Inspire Learning and Nottinghamshire County Council currently uses a proportion of the Adult FE funding to support seven local grassroots community organisations to deliver specialist, bespoke non-accredited learning on our behalf. These organisations have skills and links to local residents that help Nottinghamshire County Council and Inspire Learning to widen participation and increase our work with hard-to-reach adults.



Creative Paths
Creative Paths CIC believe that everyone should have access to good quality arts, culture and creative opportunities. Our courses are planned and designed to support people living in care to have fun, learn and enjoy their lives to the full. We have been providing courses and learning in care settings across the county for the previous ten years, with a mix of reminiscence and creative activities.
creativepaths.org.uk



Life Education
East Midlands
Helping children make healthy choices

HARLEY FOUNDATION

Harley Foundation
The Harley Foundation is a charitable trust which supports the visual arts and crafts. It has created award-winning visitor attractions, a community of artist's studios, and a vibrant event and education programme on the historic Welbeck estate. Visitor attractions include an award-winning gallery, world-class museum and a community pottery studio.
harleyfoundation.org.uk

Life Education
All of our courses are a mixture of health and wellbeing, behaviour management, and parenting skills. All are designed to help parents learn how to support their children's learning and to provide them with some useful tools to help their children to live happy, healthy and successful lives, while at the same time, learning those same skills for themselves.
lecn.co.uk



Get Wise
Get Wise's engaging courses are designed to boost your confidence and enhance your creative digital skills. Whether you're passionate about film and video production, songwriting, singing, creative writing or podcasting we've got you covered. If you're unsure about committing to a course we offer a taster session, Notts Voices; a vibrant creative media project sharing your community stories.
hello@getwise.world



NG:She
NG:CIC's courses seek to improve the day-to-day quality of our learners' and their children's lives. Learn in a safe, encouraging and relaxed environment to gain or improve knowledge and skills that will help you manage your life and wellbeing now, or support you with any plans for future learning or employment. Current courses include such subjects as Exploring Autism, Managing Conflict, and Dealing with Chronic Pain.
facebook.com/ngsheNottingham



Green Scene
Green Scene Forest School aims to provide a training service in partnership with organisations such as local authorities, the NHS, community groups, social enterprises, schools and private business. We deliver Community and Family Learning Courses such as bushcraft, outdoor cooking, environmental arts & crafts and green-woodworking courses under the theme of Health & Wellbeing. Courses are for adults, family groups and adults with learning difficulties, disabilities or mental health issues.
greensceneschool.wordpress.com



Reach Learning Disability
Reach Learning Disability provides a wide choice of courses for adults with learning disabilities seeking to gain new skills and confidence. Our timetable includes cookery, gardening, art and lots more. Courses take place at Reach centres in Southwell, Mansfield and Newark.
reachuk.org/get-support

ACCESS TO HIGHER EDUCATION in Health and Social Care

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Do you have ambitions of a career in the Health and Social Care sector?
Inspire Adult Learning can help you achieve your goals.



FIND OUT MORE

STARTS SEPTEMBER 2025

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- **No GCSEs needed** – we'll help you work towards Functional Skills in maths and English
- **Financial support available** through an Advanced Learner Loan or flexible payment options
- **FREE** if you're aged 19-23 and this is your first full Level 3 qualification

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Not sure of your next steps?

Find out more about our inspiring courses, hear from students and staff, and more in our prospectus!



We can help cover meal, travel, and other costs

Aged 16 - 19* in Nottinghamshire?

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*Child benefit not affected

** Traineeships available for learners aged 19-24 or 25 with a Education, Health and Care Plan



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