

Inspire Adult Learning

Culture | Learning | Libraries

Inspiring New Courses in Newark & Sherwood

Spring 2025

Your guide to Inspire Adult Learning courses in **Newark & Sherwood**

Affordable
courses
on your
doorstep

Learn local,
go far

FREE* and
low cost
courses

Recognised
qualifications

Online
Courses

Distance
Learning



SCAN HERE TO
BOOK AND ENROL



*subject to eligibility criteria

Ofsted
Good rating

BOOK NOW!
Go online
or call
01623 677 200

Your full Inspire Adult Learning Course Guide is now available in your local library and online – pick up a copy to see courses in your area.

Book now! Go online inspireculture.org.uk/learning or call **01623 677 200**

 **Inspire**
Culture | Learning | Libraries

working with



**Nottinghamshire
County Council**



Education & Skills
Funding Agency

HELLO!

Our new courses for the spring term are here! In this leaflet, you'll find an amazing range of courses for adults and families taking place in Newark and Sherwood and the surrounding area.

Don't forget, we also have courses in Inspire libraries and community venues across Nottinghamshire, along with online and distance learning courses. For the full list of courses we offer, pick up a copy of our Adult Learning Course Guide today in your local library, or view online at inspireculture.org.uk/learning

FREE* or low cost courses: Many of our courses are free or low cost to you depending on your circumstances. You may even be eligible for full funding, an **Advanced Learner Loan** or flexible payment options to help you with the cost of accredited courses that lead to a qualification.

How to book: Browse and book courses via our website inspireculture.org.uk/learning or call **Ask Inspire** on **01623 677 200**. Our opening times are Mon to Fri 9am - 6pm, and Sat 9am - 4pm.

GET FREE CAREERS AND BENEFITS ADVICE

ACHIEVE MORE! USE YOUR LIBRARY TO SUPPORT YOUR LEARNING WITH BOOKABLE COMPUTERS, FREE WIFI, QUIET STUDY SPACES, PRINTING AND PHOTOCOPIING.

FIND OUT ABOUT JOB CLUBS AT YOUR LOCAL LIBRARY! INSPIRE CULTURE.ORG.UK/JOBCLUBS

SCAN HERE



FOR FULL COURSE LISTINGS, INCLUDING DATES, TIMES AND COSTS

*subject to eligibility criteria

WE LOOK FORWARD TO WELCOMING YOU!

Courses

Find out more about our affordable funding options: INSPIRE CULTURE.ORG.UK/FUNDINGYOURCOURSE

ARTS & CRAFTS	Starts	Ends	From	To	Day	Cost
Blidworth Library						
Bobbin Lace for Beginners	13/01/2025	13/01/2025	10:00	15:30	Mon	FREE/£19.25
Macrame for Beginners	03/02/2025	03/02/2025	10:00	15:30	Mon	FREE/£12.25
Macrame Jewellery	10/02/2025	10/02/2025	10:00	15:30	Mon	FREE/£12.25
Edwinstowe Library						
Macrame for Beginners	10/01/2025	10/01/2025	10:00	15:30	Fri	FREE/£12.25
Newark Buttermarket						
Nature Journalling	09/01/2025	13/02/2025	13:00	15:00	Thurs	FREE/£42
Linoprinting - Black, White and Colour Jigsaw Printing	14/01/2025	11/02/2025	13:15	15:45	Tues	FREE/£43.75
Art for Beginners	25/02/2025	01/04/2025	13:15	15:45	Tues	FREE/£45.50
Book Making	01/03/2025	15/03/2025	10:00	12:00	Sat	FREE/£14
Bobbin Lace for Beginners	01/03/2025	15/03/2025	13:00	15:00	Sat	FREE/£21
Macrame for Beginners	22/03/2025	05/04/2025	10:00	12:00	Sat	FREE/£14
Bobbin Lace - Torchon	22/03/2025	05/04/2025	13:00	15:00	Sat	FREE/£21
Online						
Art Explored	06/01/2025	10/02/2025	09:30	11:30	Mon	FREE/£42
Southwell Library						
Winterscapes in Acrylics - Beginners	06/01/2025	10/02/2025	10:00	13:00	Mon	FREE/£63
Mixed Media for Beginners	06/01/2025	10/02/2025	13:30	16:30	Mon	FREE/£63
Watercolour Painting for Beginners	08/01/2025	12/02/2025	10:00	12:00	Weds	FREE/£35
Spring Crafts with Felt	08/01/2025	12/02/2025	13:30	15:30	Weds	FREE/£42
Winterscapes in Acrylics - Next Steps	24/02/2025	31/03/2025	10:00	13:00	Mon	FREE/£63
Mixed Media for Beginners - Next Steps	24/02/2025	31/03/2025	13:30	16:30	Mon	FREE/£63
Watercolour Painting for Beginners - Next Steps	26/02/2025	02/04/2025	10:00	12:00	Weds	FREE/£35
Easter Felt Designs	26/02/2025	02/04/2025	13:30	15:30	Weds	FREE/£42
CREATIVE WRITING & LITERATURE						
Newark Buttermarket						
Poetry for Beginners	16/01/2025	13/02/2025	10:00	12:00	Thurs	FREE/£35
New Year - New Poems	16/01/2025	13/02/2025	14:00	16:00	Thurs	FREE/£35
Spring Poetry	27/02/2025	03/04/2025	10:00	12:00	Thurs	FREE/£42
Creative Writing - Using Your Senses	27/02/2025	03/04/2025	14:00	16:00	Thurs	FREE/£42
Online						
Creative Writing - Writing for Children	13/01/2025	10/02/2025	09:30	11:30	Mon	FREE/£35
Creative Writing - Short Stories	14/01/2025	11/02/2025	13:00	15:00	Tues	FREE/£35
Creative Writing - Short Stories	18/01/2025	08/02/2025	10:00	12:00	Sat	FREE/£28
Creative Writing - Investigating Genres	24/02/2025	31/03/2025	09:30	11:30	Mon	FREE/£42
Creative Writing - Short Stories Next Steps	25/02/2025	01/04/2025	13:00	15:00	Tues	FREE/£42
COOKING						
Southwell Library						
Cupcakes for Beginners	08/01/2025	29/01/2025	14:00	16:00	Weds	FREE/£28
Easter Cupcakes	26/02/2025	12/03/2025	14:00	16:00	Weds	FREE/£21
EMPLOYABILITY & WORK SKILLS						
Online						
Life Coaching	08/01/2025	12/02/2025	17:00	18:30	Weds	FREE/£31.50
Teaching and Training - An Introduction	26/02/2025	02/04/2025	17:00	18:30	Weds	FREE/£31.50

	Starts	Ends	From	To	Day	Cost
ENGLISH & ESOL						
Newark Buttermarket						
ESOL Beginner Everyday English	08/01/2025	02/04/2025	09:30	12:30	Weds	FREE
English Functional Skills	26/02/2025	23/07/2025	09:30	12:30	Weds	FREE
Online						
Grammar and Punctuation	07/01/2025	11/02/2025	13:30	15:30	Tues	FREE
English Functional Skills	08/01/2025	21/05/2025	09:30	12:30	Weds	FREE
English Functional Skills	25/02/2025	22/07/2025	10:00	13:00	Tues	FREE
English Functional Skills	26/02/2025	23/07/2025	18:00	20:00	Weds	FREE
English Functional Skills	27/02/2025	24/07/2025	13:00	16:00	Thurs	FREE
ESOL Entry Level Speaking and Listening	28/02/2025	25/07/2025	09:30	12:00	Fri	FREE
English Functional Skills	27/03/2025	24/07/2025	10:00	13:00	Thurs	FREE
HEALTH & WELLBEING						
Edwinstowe Library						
Learn to Relax	17/01/2025	14/02/2025	10:00	12:00	Fri	FREE/£35
Positive Mind Positive Life	28/02/2025	28/03/2025	10:00	12:00	Fri	FREE/£35
Millgate Community Centre, Newark						
Yoga for Osteoporosis	14/01/2025	01/04/2025	10:00	11:30	Tues	FREE/£57.75
Online						
Learn to Relax	16/01/2025	13/02/2025	10:00	12:00	Thurs	FREE/£35
Diet and Nutrition - An Introduction	25/02/2025	01/04/2025	13:30	15:30	Tues	FREE/£42
Learn to Relax	03/03/2025	31/03/2025	13:00	15:00	Mon	FREE/£35
IT & DIGITAL SKILLS						
Online						
Excel for Work Basic	07/01/2025	21/01/2025	19:00	20:30	Tues	FREE
Excel for Work Intermediate	28/01/2025	11/02/2025	19:00	20:30	Tues	FREE
Blogging for Beginners	15/02/2025	01/03/2025	10:30	12:00	Sat	FREE/£15.75
Excel for Work Advanced	25/02/2025	11/03/2025	19:00	20:30	Tues	FREE
Excel for Work Basic	18/03/2025	01/04/2025	19:00	20:30	Tues	FREE
Southwell Library						
Digital Functional Skills (Entry 3/Level 1)	07/03/2025	01/08/2025	09:30	12:30	Fri	FREE
LANGUAGES						
Newark Buttermarket						
Italian for Beginners - Next Steps Part 2	07/01/2025	01/04/2025	13:00	15:00	Tues	FREE/£84
Italian for Beginners - Part 2	08/01/2025	02/04/2025	13:00	15:00	Weds	FREE/£84
French for Beginners - Next Steps	10/01/2025	21/03/2025	10:00	12:00	Fri	FREE/£70
Newark Library						
Learn Italian Through Music	09/01/2025	03/04/2025	13:00	15:00	Thurs	FREE/£84
Online						
Spanish for Beginners - Part 2	06/01/2025	31/03/2025	14:00	16:00	Mon	FREE/£84
French for Beginners - Next Steps	08/01/2025	19/03/2025	18:00	20:00	Weds	FREE/£70
Spanish Intermediate - Part 2	08/01/2025	02/04/2025	18:00	20:00	Weds	FREE/£84
Spanish Next Steps - Part 2	10/01/2025	04/04/2025	14:00	16:00	Fri	FREE/£84
Polish Conversation - Intermediate	22/01/2025	12/02/2025	12:00	14:00	Weds	FREE/£28
MATHS & MULTIPLY						
Newark Buttermarket						
Maths - Functional Skills	24/02/2025	21/07/2025	09:30	12:30	Mon	FREE
Online						
Introduction to Maths	08/01/2025	05/02/2025	13:30	15:30	Weds	FREE
Getting Ready for Functional Skills Maths	14/01/2025	28/01/2025	09:30	11:30	Tues	FREE
Getting Ready for Functional Skills Maths	16/01/2025	23/01/2025	13:00	15:00	Thurs	FREE
Maths - Functional Skills	24/02/2025	21/07/2025	13:00	16:00	Mon	FREE
Maths - Functional Skills	25/02/2025	22/07/2025	09:30	12:30	Tues	FREE
Maths - Functional Skills	25/02/2025	22/07/2025	18:00	21:00	Tues	FREE
Maths - Functional Skills	26/02/2025	23/07/2025	09:30	12:30	Weds	FREE
Maths - Functional Skills	27/02/2025	24/07/2025	09:30	12:30	Thurs	FREE
Southwell Library						
Maths - Functional Skills	26/02/2025	23/07/2025	09:30	12:30	Weds	FREE
MUSIC						
Online						
Music Theory for Songwriters, Composers and Improvisors - Beginners	07/01/2025	18/03/2025	15:00	16:00	Tues	FREE/£35
Keyboards for Beginners	07/01/2025	18/03/2025	16:30	17:30	Tues	FREE/£35
Music Theory for Beginners	07/01/2025	18/03/2025	17:45	18:45	Tues	FREE/£35
Music Theory for Beginners - Next Steps	07/01/2025	18/03/2025	19:00	20:00	Tues	FREE/£35
Advanced Music Theory	08/01/2025	19/03/2025	16:00	17:00	Weds	FREE/£35
SCIENCE, SOCIAL SCIENCE & HUMANITIES						
Feel Good Gardens, Clipstone						
All You Need to Know About Trees	30/01/2025	30/01/2025	09:30	16:30	Thurs	FREE/£22.75
Wildlife Gardening – Habitat Creation & Rewilding	20/02/2025	20/02/2025	09:30	16:30	Thurs	FREE/£22.75
Introduction to Foraging	20/03/2025	20/03/2025	09:30	16:30	Thurs	FREE/£22.75
Wildlife Gardening – Habitat Creation & Rewilding	27/03/2025	27/03/2025	09:30	16:30	Thurs	FREE/£22.75
Hockerton Housing Project						
Sow, Cook and Eat - Part 1	14/03/2025	28/03/2025	11:00	14:00	Fri	FREE/£31.50

Accredited Courses

If you're looking to progress your career or up-skill, come and talk to us about our superb range of accredited career-boosting courses. We have courses in volunteering, teaching, health, social care or counselling, and business and management. Many even have funding available so your course could be fully or part-funded. **ALL AVAILABLE ONLINE.**



Visit our website for more info and to see our full range of accredited courses [INSPIRE CULTURE.ORG.UK/ACCREDITED](https://inspireculture.org.uk/accredited)

COURSES	Starts	Ends	From	To	Day	Cost
Online						
Counselling Skills - Level 2 Certificate	07/01/2025	03/04/2025	10:00	14:30	Tues	FREE/£420
Mental Health Awareness - Level 2 Certificate	07/01/2025	26/03/2025	15:00	18:00	Tues	FREE/£455
Nutrition and Health - Level 1 Award	08/01/2025	12/03/2025	09:30	14:30	Weds	FREE/£150.50
User Experience User Interface (UXUI) Level 3 certificate	13/01/2025	03/04/2025	18:00	21:00	Mon	FREE £900
Preparing to Work in Schools - Level 1 Award	14/01/2025	10/04/2025	18:00	20:30	Tues	FREE/£164.50
Sowing and Growing Techniques - Level 1 Award	15/01/2025	19/02/2025	12:00	14:00	Weds	FREE/£66.50
Information, Advice or Guidance (IAG) - Level 3 Certificate	15/01/2025	09/07/2025	16:00	19:00	Weds	FREE/£800
Awareness of Dementia - Level 2 Award	17/01/2025	25/07/2025	10:00	13:00	Fri	FREE/£252
Coaching and Mentoring - Level 3 Certificate	04/02/2025	17/06/2025	10:00	13:00	Tues	FREE/£595
Volunteering - Level 1 Award	25/02/2025	01/04/2025	10:00	12:00	Tues	FREE/£84
Stress Awareness - Level 1 Award	25/02/2025	01/04/2025	13:00	16:00	Tues	FREE/£84
Time Management Skills and Problem Solving at Work - Level 1 Award	26/02/2025	02/04/2025	12:00	14:00	Weds	FREE/£66.50
Health and Social Care - Level 2 Certificate	27/02/2025	04/07/2025	09:30	15:00	Thurs	FREE/£630
Coaching and Mentoring - Level 3 Certificate	27/02/2025	10/07/2025	17:30	20:30	Thurs	FREE/£595
Award in Education and Training (AET) - Level 3	12/03/2025	04/06/2025	09:30	12:30	Weds	FREE/£495

>> Career boosting

inspireculture.org.uk/accesstohe | 01623 677 200 | ask@inspireculture.org.uk

ACCESS TO HIGHER EDUCATION

Do you dream of a career in the Health and Social Care sector?

We can help you achieve your goals! No GCSEs needed, financial support available PLUS... the course is FREE if you're aged 19-23 and this is your first full Level 3 qualification.



Achieve your goals with Inspiring courses

GCSE Resits in English and maths

We can help cover meal, travel, and other costs

Supportive tutors

Volunteering, work placements and traineeships**

Our GCSE resit pass rate is above the national average!

* Child benefit not affected

** Traineeships available for learners aged 19-24 or 25 with a EHC Plan

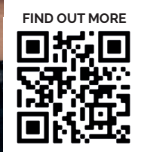
Aged 16 - 19* in Newark & Sherwood?

Supporting your studies, supporting your success!

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