

Inspire Adult Learning

Culture | Learning | Libraries

Inspiring New Courses in Gedling

Spring 2025

Your guide to Inspire Adult Learning courses in **Gedling**

Affordable
courses
on your
doorstep

Learn local,
go far

FREE* and
low cost
courses

Recognised
qualifications

Online
Courses

Distance
Learning



SCAN HERE TO
BOOK AND ENROL



*subject to eligibility criteria

Ofsted
Good rating

BOOK NOW!
Go online
or call
01623 677 200

Your full Inspire Adult Learning Course Guide is now available in your local library and online – pick up a copy to see courses in your area.

Book now! Go online inspireculture.org.uk/learning or call **01623 677 200**

 **Inspire**
Culture | Learning | Libraries

working with



**Nottinghamshire
County Council**



**Education & Skills
Funding Agency**

HELLO!

Our new courses for the spring term are here! In this leaflet, you'll find an amazing range of courses for adults and families taking place in Gedling and the surrounding area.

Don't forget, we also have courses in Inspire libraries and community venues across Nottinghamshire, along with online and distance learning courses. For the full list of courses we offer, pick up a copy of our Adult Learning Course Guide today in your local library, or view online at inspireculture.org.uk/learning

FREE* or low cost courses: Many of our courses are free or low cost to you depending on your circumstances. You may even be eligible for full funding, an **Advanced Learner Loan** or flexible payment options to help you with the cost of accredited courses that lead to a qualification.

How to book: Browse and book courses via our website inspireculture.org.uk/learning or call **Ask Inspire** on **01623 677 200**. Our opening times are Mon to Fri 9am - 6pm, and Sat 9am - 4pm.

GET FREE CAREERS AND BENEFITS ADVICE

ACHIEVE MORE! USE YOUR LIBRARY TO SUPPORT YOUR LEARNING WITH BOOKABLE COMPUTERS, FREE WIFI, QUIET STUDY SPACES, PRINTING AND PHOTOCOPYING.

FIND OUT ABOUT JOB CLUBS AT YOUR LOCAL LIBRARY! INSPIRE CULTURE.ORG.UK/JOBCLUBS

SCAN HERE



FOR FULL COURSE LISTINGS, INCLUDING DATES, TIMES AND COSTS

*subject to eligibility criteria

WE LOOK FORWARD TO WELCOMING YOU!

Courses

Find out more about our affordable funding options: INSPIRE CULTURE.ORG.UK/FUNDINGYOURCOURSE

ARTS & CRAFTS	Starts	Ends	From	To	Day	Cost
Arnold Library						
Art for Beginners	13/01/2025	10/02/2025	18:00	20:00	Mon	FREE/£28
Needle Felting for Beginners	14/01/2025	28/01/2025	15:00	17:00	Tues	FREE/£21
Mixed Media Textiles - Wall Hanging	14/01/2025	28/01/2025	18:00	20:00	Tues	FREE/£14
Needle Felting Next Steps	04/02/2025	18/02/2025	15:00	17:00	Tues	FREE/£21
Mixed Media Textiles - Project	04/02/2025	18/02/2025	18:00	20:00	Tues	FREE/£14
Art Next Steps	24/02/2025	31/03/2025	18:00	20:00	Mon	FREE/£35
Mixed Media Collage for Beginners	28/02/2025	28/03/2025	18:00	20:00	Fri	FREE/£35
Burton Joyce Library						
Gel Plate Printing for Beginners	13/01/2025	10/02/2025	13:15	15:15	Mon	FREE/£35
Gel Plate Printing Next Steps - Doodle and Pattern Book	03/03/2025	31/03/2025	13:15	15:15	Mon	FREE/£35
Carlton Fire Station						
Ceramics Next Steps	16/01/2025	13/02/2025	09:30	11:30	Thurs	FREE/£35
Art Next Steps	16/01/2025	13/02/2025	12:30	14:30	Thurs	FREE/£35
LOCO Centre - Netherfield						
Gel Plate Printing for Beginners	15/01/2025	19/02/2025	09:30	11:30	Weds	FREE/£35
Mixed Media Collage for Beginners	15/01/2025	19/02/2025	12:30	14:30	Weds	FREE/£35
Gel Plate Printing Next Steps - Doodle and Pattern Book	05/03/2025	02/04/2025	09:30	11:30	Weds	FREE/£35
Mixed Media Collage Next Steps - Book of Self	05/03/2025	02/04/2025	12:30	14:30	Weds	FREE/£35
Ravenshead Library						
Painting and Mindfulness	07/01/2025	11/02/2025	09:30	12:30	Tues	FREE/£63
Still Life in Acrylics	07/01/2025	11/02/2025	13:00	16:00	Tues	FREE/£63
St Marks Church, Woodthorpe						
Mixed Media Collage for Beginners	13/01/2025	10/02/2025	10:00	12:00	Mon	FREE/£35
Mixed Media Collage Next Steps - Book of Self	03/03/2025	31/03/2025	10:00	12:00	Mon	FREE/£35
CREATIVE WRITING & LITERATURE	Starts	Ends	From	To	Day	Cost
Arnold Library						
Creative Writing - Short Stories	14/01/2025	04/02/2025	10:00	12:00	Tues	FREE/£28
Creative Writing - Writing for Children	17/01/2025	14/02/2025	18:00	20:00	Fri	FREE/£35
Creative Writing - Investigating Genre	25/02/2025	01/04/2025	18:00	20:00	Tues	FREE/£42
COOKING	Starts	Ends	From	To	Day	Cost
Arnold Library						
Cupcakes for Beginners	08/01/2025	29/01/2025	10:00	12:00	Weds	FREE/£28
Easter Cupcakes	28/02/2025	14/03/2025	13:00	15:00	Fri	FREE/£21
EMPLOYABILITY & WORK SKILLS	Starts	Ends	From	To	Day	Cost
Online						
Life Coaching	08/01/2025	12/02/2025	17:00	18:30	Weds	FREE/£31.50
Teaching and Training - An Introduction	26/02/2025	02/04/2025	17:00	18:30	Weds	FREE/£31.50
ENGLISH & ESOL	Starts	Ends	From	To	Day	Cost
Arnold Library						
ESOL Everyday English	16/01/2025	03/04/2025	09:30	12:30	Thurs	FREE
English Functional Skills	25/02/2025	22/07/2025	09:30	12:30	Tues	FREE
Online						
Grammar and Punctuation	07/01/2025	11/02/2025	13:30	15:30	Tues	FREE
English Functional Skills	08/01/2025	21/05/2025	09:30	12:30	Weds	FREE
ESOL Everyday English	15/01/2025	02/04/2025	18:00	20:00	Weds	FREE
ESOL Everyday English	17/01/2025	04/04/2025	09:30	11:30	Fri	FREE
English Functional Skills	25/02/2025	22/07/2025	10:00	13:00	Tues	FREE
English Functional Skills	26/02/2025	23/07/2025	18:00	20:00	Weds	FREE

English Functional Skills	27/02/2025	24/07/2025	13:00	16:00	Thurs	FREE
ESOL Entry Level Speaking and Listening	28/02/2025	25/07/2025	09:30	12:00	Fri	FREE
English Functional Skills	27/03/2025	24/07/2025	10:00	13:00	Thurs	FREE

FAMILY LEARNING	Starts	Ends	From	To	Day	Cost
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Arnold Library						
Music Making for Early Years - Chinese New Year	15/01/2025	12/02/2025	13:30	14:30	Weds	FREE/£17.50
Music Making for Early Years - Stories	26/02/2025	02/04/2025	10:30	11:30	Weds	FREE/£21
Makaton Signing for Babies and Families	26/02/2025	02/04/2025	13:30	14:30	Weds	FREE/£21

Gedling Library						
Music Making for Early Years - Chinese New Year	16/01/2025	13/02/2025	14:00	15:00	Thurs	FREE/£17.50
Music Making for Early Years - Stories	27/02/2025	03/04/2025	14:00	15:00	Thurs	FREE/£21

Ravenshead Library						
Music and Signing (BSL) for 0-3 Years	25/02/2025	01/04/2025	09:30	11:00	Tues	FREE/£31.50
Autism - All About Me	25/02/2025	01/04/2025	13:00	14:30	Tues	FREE/£31.50

Woodthorpe Library						
Music Making for Early Years - Chinese New Year	13/01/2025	10/02/2025	14:00	15:00	Mon	FREE/£17.50
Music Making for Early Years - Stories	24/02/2025	31/03/2025	14:00	15:00	Mon	FREE/£21

HEALTH & WELLBEING	Starts	Ends	From	To	Day	Cost
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Arnold Library						
Reiki 1	25/02/2025	01/04/2025	10:00	12:00	Tues	FREE/£42
Colour Therapy	25/02/2025	01/04/2025	13:00	15:00	Tues	FREE/£42
Managing Type 2 Diabetes	07/03/2025	28/03/2025	10:00	12:00	Fri	FREE/£28

Bestwood Country Park & Online						
Shinrin Yoku - Forest Bathing	07/02/2025	21/02/2025	10:00	12:30	Fri	FREE/£21
Shinrin Yoku - Forest Bathing	04/03/2025	18/02/2025	10:00	12:30	Tues	FREE/£21

Online						
Diet and Nutrition - An Introduction	25/02/2025	01/04/2025	13:30	15:30	Tues	FREE/£42
Learn to Relax	03/03/2025	31/03/2025	10:00	12:00	Mon	FREE/£35

IT & DIGITAL SKILLS	Starts	Ends	From	To	Day	Cost
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Arnold Library						
Computer and Internet Basics Part 2	06/01/2025	13/01/2025	10:00	13:00	Mon	FREE
Animation for Beginners	06/01/2025	13/01/2025	14:00	16:00	Mon	FREE
Smartphone apps - Voice Assistants (Alexa, Google)	07/01/2025	07/01/2025	10:00	12:00	Tues	FREE
Coding for Beginners (Python)	07/01/2025	04/02/2025	12:30	14:30	Tues	FREE
Excel for Beginners Part 1	08/01/2025	08/01/2025	13:00	16:00	Weds	FREE
AI Generated Images for Beginners	11/01/2025	11/01/2025	14:00	15:30	Sat	FREE
Excel for Beginners Part 2	22/01/2025	12/02/2025	13:00	16:00	Weds	FREE
Digital Skills for Wellbeing	01/02/2025	08/02/2025	14:00	15:30	Sat	FREE
PowerPoint for Beginners	10/02/2025	11/02/2025	09:30	12:30	Mon/Tues	FREE
Online Shopping for Beginners	10/02/2025	10/02/2025	13:30	15:30	Mon	FREE
Smartphone usage	18/02/2025	18/02/2025	10:00	14:00	Tues	FREE
Word Processing (Intermediate)	24/02/2025	10/03/2025	10:00	12:00	Mon	FREE
PowerPoint (Intermediate)	24/02/2025	10/03/2025	13:00	15:00	Mon	FREE
Excel for Work (Intermediate)	25/02/2025	18/03/2025	15:30	17:00	Tues	FREE
Computer and Internet Basics Part 2	26/02/2025	12/03/2025	13:00	16:00	Weds	FREE
Digital Skills for Wellbeing	08/03/2025	15/03/2025	14:00	15:30	Sat	FREE

Calverton Core Centre						
Basic Computer Skills	20/01/2025	03/02/2025	10:00	12:00	Mon	FREE

Online						
Excel for Work Basic	07/01/2025	21/01/2025	19:00	20:30	Tues	FREE
Excel for Work Intermediate	28/01/2025	11/02/2025	19:00	20:30	Tues	FREE
Blogging for Beginners	15/02/2025	01/03/2025	10:30	12:00	Sat	FREE/£15.75
Excel for Work Advanced	25/02/2025	11/03/2025	19:00	20:30	Tues	FREE
Excel for Work Basic	18/03/2025	01/04/2025	19:00	20:30	Tues	FREE

MATHS & MULTIPLY	Starts	Ends	From	To	Day	Cost
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Arnold Library						
Maths - Functional Skills	26/02/2025	23/07/2025	17:45	20:45	Weds	FREE

Online						
Introduction to Maths	08/01/2025	05/02/2025	13:30	15:30	Weds	FREE
Getting Ready for Functional Skills Maths	14/01/2025	28/01/2025	09:30	11:30	Tues	FREE
Getting Ready for Functional Skills Maths	16/01/2025	23/01/2025	13:00	15:00	Thurs	FREE
Maths - Functional Skills	24/02/2025	21/07/2025	13:00	16:00	Mon	FREE
Maths - Functional Skills	25/02/2025	22/07/2025	09:30	12:30	Tues	FREE
Maths - Functional Skills	25/02/2025	22/07/2025	18:00	21:00	Tues	FREE
Maths - Functional Skills	26/02/2025	23/07/2025	09:30	12:30	Weds	FREE
Maths - Functional Skills	27/02/2025	24/07/2025	09:30	12:30	Thurs	FREE

SCIENCE, SOCIAL SCIENCE & HUMANITIES	Starts	Ends	From	To	Day	Cost
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Arnold Library						
Social Psychology	14/03/2025	28/03/2025	15:30	17:30	Fri	FREE/£21
Developmental Psychology	25/03/2025	08/04/2025	15:30	17:30	Tues	FREE/£21

Burton Joyce Library						
Bletchley Code Breakers	06/03/2025	06/03/2025	10:00	12:30	Thurs	FREE/£8.75
Turing Complete	13/03/2025	13/03/2025	10:00	12:30	Thurs	FREE/£8.75

Dynamo House, Bestwood Country Park/ Spa Ponds						
Ancient and Veteran Trees	12/02/2025	12/03/2025	10:00	13:00	Weds	FREE/£21

Ravenshead Library						
History and Heritage of Gedling	20/02/2025	13/03/2025	10:30	12:00	Thurs	FREE/£21
Bletchley Code Breakers	27/02/2025	27/02/2025	14:00	16:30	Thurs	FREE/£8.75

We've made every effort to ensure that course information is correct at the time of print, but we advise you check details when booking. We reserve the right to cancel a course if there are insufficient enrolments. For up to date course information please visit our website inspireculture.org.uk/learning

Accredited Courses

If you're looking to progress your career or up-skill, come and talk to us about our superb range of accredited career-boosting courses. We have courses in volunteering, teaching, health, social care or counselling, and business and management. Many even have funding available so your course could be fully or part-funded. **ALL AVAILABLE ONLINE.**



Visit our website for more info and to see our full range of accredited courses [INSPIRE CULTURE.ORG.UK/ACCREDITED](https://inspireculture.org.uk/accredited)

COURSES	Starts	Ends	From	To	Day	Cost
Online						
Counselling Skills - Level 2 Certificate	07/01/2025	03/04/2025	10:00	14:30	Tues	FREE/£420
Mental Health Awareness - Level 2 Certificate	07/01/2025	26/03/2025	15:00	18:00	Tues	FREE/£455
Nutrition and Health - Level 1 Award	08/01/2025	12/03/2025	09:30	14:30	Weds	FREE/£150.50
User Experience User Interface (UXUI) Level 3 certificate	13/01/2025	03/04/2025	18:00	21:00	Mon	FREE £900
Preparing to Work in Schools - Level 1 Award	14/01/2025	10/04/2025	18:00	20:30	Tues	FREE/£164.50
Sowing and Growing Techniques - Level 1 Award	15/01/2025	19/02/2025	12:00	14:00	Weds	FREE/£66.50
Information, Advice or Guidance (IAG) - Level 3 Certificate	15/01/2025	09/07/2025	16:00	19:00	Weds	FREE/£800
Awareness of Dementia - Level 2 Award	17/01/2025	25/07/2025	10:00	13:00	Fri	FREE/£252
Coaching and Mentoring - Level 3 Certificate	04/02/2025	17/06/2025	10:00	13:00	Tues	FREE/£595
Volunteering - Level 1 Award	25/02/2025	01/04/2025	10:00	12:00	Tues	FREE/£84
Stress Awareness - Level 1 Award	25/02/2025	01/04/2025	13:00	16:00	Tues	FREE/£84
Time Management Skills and Problem Solving at Work - Level 1 Award	26/02/2025	02/04/2025	12:00	14:00	Weds	FREE/£66.50
Health and Social Care - Level 2 Certificate	27/02/2025	04/07/2025	09:30	15:00	Thurs	FREE/£630
Coaching and Mentoring - Level 3 Certificate	27/02/2025	10/07/2025	17:30	20:30	Thurs	FREE/£595
Award in Education and Training (AET) - Level 3	12/03/2025	04/06/2025	09:30	12:30	Weds	FREE/£495

>> Career boosting

inspireculture.org.uk/accesstohe | 01623 677 200 | ask@inspireculture.org.uk

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Do you dream of a career in the Health and Social Care sector?

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* Child benefit not affected

** Traineeships available for learners aged 19-24 or 25 with a EHC Plan

Aged 16 - 19* in Gedling?

Supporting your studies, supporting your success!

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FIND OUT MORE



inspireculture.org.uk/college | 0115 804 3611 | learning@inspireculture.org.uk

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